



2022 Michigan Nursing Summit

October 6-7, 2022 • Park Place Hotel & Conference Center • Traverse City, MI

About The Event

The Michigan Center for Nursing wants to help nurses reconnect, recharge, and reset in-person in Traverse City on October 6-7, 2022! Attendees will develop skills to cultivate joy, shut down negative self-talk, and create drama-free teams in professional settings.

Our speakers this year are experts in the mind-body connection, healing power of play, positive thinking, and pressure-free living.

Nurses will earn **7 continuing education credits** and are invited to *The Wine Down*, a celebration event with wine, cocktails, and delicious hors d'oeuvres.

Registration

ENDING JULY 31, 2022

Early Bird General Admission: \$225

Early Bird Pre-Licensure Student: \$175

Early Bird Retiree: \$175

STARTING AUGUST 1, 2022

General Admission: \$250

Pre-Licensure Student: \$200

Retiree: \$200

Group pricing is available for teams of 10 or more, contact mcn@mhc.org for details.

Meet The Speakers



Terri Brinston, RN, MA, CLNC

Let's Get Back to "Better Than" Normal



Keith Carlson, BSN, RN, NC-BC

Reviving and Rising: You Can Increase Your Nurse Wellness Quotient



Dennis McIntee

Drama Free Nursing, Power of Pursuit



Caroline Cárdenas, PhD (c), MSN, MA, RN, CBCN, RYT

The Circle of Play: Evoking Joy, Restoring Compassion, and Cultivating Well-Being



Elle Ingalls, MBA

The Pressure-Free Method: How to Easily Reduce Stress, Anxiety, and Burnout



Miko Rose, DO

Calm in the Chaos: Up-Leveling to Peace in Times of Uncertainty