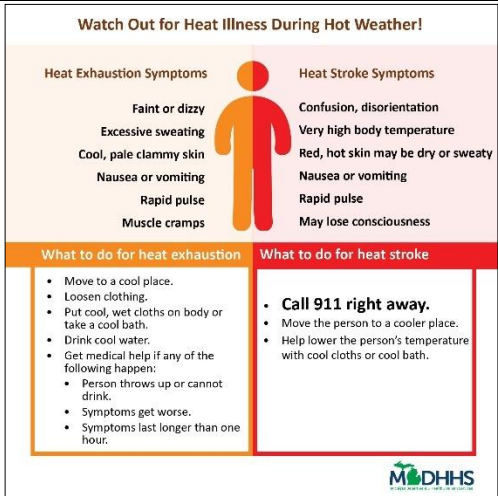


Social Media Posts for High Heat

The following social media posts are designed to communicate heat health and safety information to Michigan residents.

Posts are organized by social media platform. View and save images by clicking the icon/image. The image will open in a new window where you can then download and save to your files. You can then open your social media platform and select the saved image to upload for posting. Copy and paste the post content to share along with the corresponding image.

X Posts

Text	Downloadable Image
Post Friday, June 14th	
Many areas in Michigan will be HOT and HUMID next week. Heat can be deadly, especially in early summer when our bodies are still getting used to warmer weather. Get heat safety tips at Michigan.gov/ClimateandHealth.	
Post Sunday, June 16th and Monday, June 17th	
Many areas in Michigan will be HOT and HUMID on this week. Heat can be deadly, especially for: • Outdoor workers • Kids • Older people • People with chronic health conditions. Know the signs of heat-related illness! Learn more at Michigan.gov/ClimateandHealth.	

Facebook, Nextdoor, and Instagram

Text	Downloadable Image
Post Friday, June 14 and Sunday, June 16	
High heat and humidity is forecasted for Michigan starting Monday June 17 and potentially continuing through Friday. Heat can be deadly, especially in early summer when our bodies are still getting used to warmer weather. Every year children and pets left in parked vehicles die from heat stroke. • Never leave a child, a person with a disability, or pet in your car, even if the windows are open. • Even the most caring and watchful person can forget a child or pet is in the vehicle. Always check to make sure all children and pets are out of the car before locking it and walking away. • Teach children that cars are not safe places to play. Store your keys out of reach of children. • Leave pets at home when you can. Learn more at Michigan.gov/ClimateandHealth.	 The infographic is divided into four quadrants. The top-left quadrant shows a car with a red 'X' over it, a thermometer icon, and a person walking away, indicating that leaving people in cars is dangerous. The top-right quadrant shows a car with a person and a dog standing outside, with green checkmarks, indicating that it is safe to leave them outside. The bottom-left quadrant is an orange box with the text 'A child's body warms three to five times faster than an adult's.' The bottom-right quadrant is a blue box with the text 'Never leave infants, children or pets in a parked car.'

1: The below table includes text and images for summer heat safety carousel-style social media posts.

The finished carousel should look like this:



POST: Monday, June 17 and Tuesday, June 18

Text				
Many areas in Michigan are forecasted to be dangerously HOT and HUMID starting Monday June 17 and potentially continuing through Friday. Stay healthy by learning the signs of Heat-Related Illness (HRI) so you know what to do if you or someone else starts to feel sick. The most severe HRIs are heat exhaustion and heat stroke. Learn more at Michigan.gov/ClimateandHealth.				
				
Image 1	Image 2	Image 3	Image 4	Image 5

2: The below table includes text and images for summer heat safety carousel-style social media posts.

The finished carousel should look like this:



POST: Monday, June 17 and Tuesday, June 18

Text		
Many areas in Michigan are forecasted to be dangerously HOT and HUMID starting Monday June 17 and potentially continuing through Friday. Heat can be deadly, especially for: • Outdoor workers • Kids • Older people • People with chronic health conditions. Stay healthy by learning the signs of Heat-Related Illness (HRI) so you know what to do if you or someone else starts to feel sick. The most severe HRIs are heat exhaustion and heat stroke.		
		
Image 1	Image 2	Image 3