



Travel Considerations

For Livingston County Schools

The Livingston County Health Department is recommending that all individuals returning from domestic or international travel continue to perform the “Back to School” screening. Before arriving at school, staff and students should:

- Perform daily symptom monitoring using the COVID-19 Staff and Student At-Home Screening Checklist for Schools (<https://bit.ly/2OrxyKt> – see Appendix AB).
- Consider getting tested for COVID-19
- Think about attending school virtually for 7 days upon return
- If symptoms of COVID-19 develop after returning from travel, individuals should isolate immediately and contact their primary care physician for diagnosis and treatment.

Am I travelling to a COVID-19 hot spot?

Individuals travelling to an area with high incidence of COVID-19 (“hot spots”), those travelling internationally, or individuals participating in higher risk activities (i.e. attending large gatherings, family reunions, amusement parks, etc.) are recommended to get tested and quarantine for 7 days upon their return. During this time, virtual school is recommended. At this time, California, Florida, New York, and Texas are considered areas with high incidence of COVID-19. Check whether you are planning to travel to a hot spot (<https://bit.ly/38fJXrX>).

How do I stay safe while travelling?

While travelling, it is recommended that all individuals wear a mask, regardless of whether they have been vaccinated for COVID-19. Additional recommendations include social distancing, avoiding crowds or large gatherings, and practicing good hand hygiene. For more information about travel during the COVID-19 pandemic, visit the CDC website (<https://bit.ly/30i9rAl>).

What should schools do after Spring Break?

Following the return from Spring Break, schools are reminded to follow strict adherence to mitigation procedures. Schools should instruct staff and students to wear a mask, stay at least 6 feet apart, and to wash hands often. Schools should additionally recommend families to participate in daily symptom monitoring.

What are the recommendations for vaccinated staff?

Staff who have been fully vaccinated (i.e. it has been at least 2 weeks after the administration of the 2nd dose), do not have to quarantine upon return from domestic or international travel. Individuals that have not been fully vaccinated (i.e. have only had one dose or it has not been at least 2 weeks after the administration of the 2nd dose) are recommended to quarantine and provide virtual school upon return. Fully vaccinated individuals that develop symptoms of COVID-19 should isolate immediately and contact their primary care provider for diagnosis and treatment.