



FOR IMMEDIATE RELEASE

Run, Walk, Roll the Trails Event at Kensington Metropark on August 6, 2019

HOWELL, Michigan. – (July 30, 2019) Join the Livingston County Health Department (LCHD) at “Run. Walk. Roll the Trails” on August 6, 2019 from 10:00 a.m. to 1:00 p.m. at Kensington Metropark’s East Boat Launch Picnic Shelter. “Run. Walk. Roll the Trails” is an event promoting accessible trails and resources in and around Livingston County for individuals with disabilities.

Guests are invited to come out to the park and visit with the providers who will be on site. Highlighted activities include a wildlife talk from Kensington Metropark’s interpreter, LCHD tick education, and demonstrations of Track Chairs, which are all-terrain wheelchairs that can handle hills and uneven terrain. These providers and several others are excited to share in recreation with you. While at the event, guests will have the opportunity to enter to win a 2019 Metropark pass.

Guests can request a voucher for free park entry to “Run. Walk. Roll the Trails” by registering at this link: <https://conta.cc/2XVnT1z>. The first 50 cars to register will receive a voucher. Daily entry to the park without a coupon is \$10/car. L.E.T.S. will be providing free transportation to and from LCHD and Kensington Metropark’s East Boat Launch Picnic Shelter. The bus schedule can be found at the registration link. This event is rain or shine. Guests are encouraged to bring their own water, a rain poncho, bug spray and sunscreen.

This event was inspired by the Livingston County ADA Accessible Trail Guide. The guide is available online at: <https://bit.ly/2LKUEZF>. LCHD is proud to host this event in partnership with The Arc Livingston, Livingston County Planning, Livingston Center for Independent Living, and Kensington Metropark. Funding is provided by the Michigan Department of Health and Human Services in partnership with Washtenaw County Health Department.

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