

HEY, MOMMA! IT'S TIME FOR AN ABUNDANCE OF CAUTION.

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**When a pregnant person asks about cannabis,
here are some things you can say.**

- Smoking, of any kind, is unhealthy for you and your baby.
- Smoking decreases the oxygen supply for unborn babies.
- THC is detectable in breastmilk.
- Exposing your baby to cannabis is risky, no matter how you consume it.
- Science shows that cannabis can harm baby development.
- Your doctor should help you with nausea and weight gain issues.
- Using any substance without doctor approval may harm your baby.

Questions? Contact healtheducation@muskegoncounty.net