



Jackson County Health Department

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To: Public News Editor

From: Rashmi Travis, MPH, CHES
Health Officer, JCHD
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Date: May 22, 2020

Re: Memorial Day Celebrations – Stay Safe

FOR IMMEDIATE RELEASE:

Stay Safe While Gathering During the Holiday Weekend and Summer Events

JACKSON, Michigan. - (May 22, 2020) During this holiday weekend and as warmer weather continues, we all want to start gathering to celebrate. Residents are encouraged to continue practicing safe steps to reduce the chances of getting or spreading COVID-19.

When possible, choose activities or behaviors that are lower risk, such as keeping six feet apart rather than standing close to one another and gathering outside rather than indoors. If you choose to gather in a large indoor space, make sure the area is cleaned and disinfected before and after the gathering. The more low risk choices you make during a gathering, the more protection you have from getting or spreading COVID-19.

The following are tips for a *safer* gathering:

1. Keep it small. A gathering should be under 10 people.
2. Meet outside.
3. Stay at least six feet apart.
4. Wash or sanitize hands often.
5. Wear masks if possible.
6. Do not share food, drinks, or other items. Have everyone bring their own snacks or serve food with single-use serving utensils.

Jackson residents are also reminded of general safety tips. If you choose to travel this holiday weekend, remember to buckle up, follow speed limits, and don't drink and drive. Individual actions impact the health and safety of others, now more than ever. By following the tips above, residents can continue to do their part in slowing the spread of COVID-19 and protecting their families and community.

For more information, visit the Jackson County Health Department webpage located at www.mijackson.org/hd. You can also visit www.michigan.gov/coronavirus or <https://www.cdc.gov/coronavirus/2019-ncov/index.html> for additional information regarding preventing getting sick.

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