

CANNABIS SAFETY TIPS

- Do not drive or operate heavy equipment after use. THC slows reaction time and reduces ability to make quick decisions.
- It takes 30 minutes to 2 hours after consuming an edible to feel the effects. Know your limits.
- Severe intoxication symptoms may include anxiety, panic, nausea, vomiting and/or paranoia.
- Keep cannabis out of sight and reach of children and pets. Place under lock and key if possible.
- Do not mix cannabis with alcohol or other substances, including prescription medications. Ask your doctor and/or pharmacist about possible drug interactions.
- Use during pregnancy is known to cause low birth weight, preterm birth, and possible stillbirth.
- The human brain is under development from birth to young adulthood. Use of any drug during this period can cause long term damage.
- Persons with family history of mental illness are at higher risk for adverse effects and should avoid cannabis use, especially products with a high THC content.



Public Health
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National Poison Control Center
HOTLINE

1-800-222-1222

cannabisfacts4you.com

