

Community Mental Health Association of Michigan

ANNUAL SUMMER CONFERENCE

Cultivating Community



June 5, 2023
Pre-Conference

June 6-7, 2023
Full Conference

Grand Traverse Resort
Traverse City, Michigan



Continuing Education

Social Workers: Pre-Conference Institute #1: Stepping Up for our Children: Implementing MI Kids Now Initiatives and Children's Evidence-Based Practices in the Home and Community on 6/5/23 qualifies for **6 CE Hours** for Social Work. Pre-Conference Institute #2: A Data-Driven Overview of Michigan's Crisis Response Continuum on 6/5/23 qualifies for **3 CE Hours** for Social Work. The "Main Summer Conference" course (6/6/23-6/7/23) qualifies for a maximum of **8 Continuing Education Hours**. The Community Mental Health Association is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818. Qualifies as **"face-to-face (in-person) education."**

Substance Use Disorder Professionals: CMHA is approved by Michigan Certification Board for Addiction Professionals (MCBAP). CMHA maintains the responsibility for the program and content. Substance Use Disorder Professionals participating in the Pre-Conference Institute #1: Stepping Up for our Children: Implementing MI Kids Now Initiatives and Children's Evidence-Based Practices in the Home and Community on 6/5/23 qualifies for **6 related contact hours**. Pre-Conference Institute #2: A Data-driven Overview of Michigan's Crisis Response Continuum on 6/5/23 qualifies for **3 related contact hours**. If you participate in the "Main Summer Conference" (6/6/23-6/7/23) may receive a maximum of **10 Contact hours**. It is important that attendees keep a copy of the conference program brochure containing the workshop descriptions along with their attendance record form.

Continuing Education Requirement: National Accreditation Rules: National Accreditation rules indicate that if you are over five (5) minutes late or depart early, you forfeit your continuing education hours for that session. Please note that this is a National rule that CMHA must enforce or we could lose our provider status to provide continuing education hours in the future. This rule will be strictly followed.

Certificate Awarded: At the conclusion of this conference, turn in your Certificate of Attendance form to the CMHA Staff to be approved. You will turn in the top sheet & retain the bottom sheet which serves as your certificate. No other certificate will be given.

Certificate Issued by: Christina Ward, Director of Education & Training, cward@cmham.org; 517-374-6848.

Grievance: If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation or you may contact CMHA 517-374-6848 or through our webpage at www.cmham.org for resolution.



Hotel Reservations

HOTEL INFORMATION & RESERVATIONS :

Grand Traverse Resort, 100 Grand Traverse Village Boulevard, Acme, MI 49610-0404

2023 Room Rates: Rates below do not include 6% state tax, 5% city assessment, or \$20.95 nightly resort fee.

Room Type	Rate	Room Type	Rate
Hotel Guest room	\$169	Tower Guest Room	\$199
Studio Condo	\$169	1 Bedroom Condo	\$199
2 Bedroom Condo	\$249	3 Bedroom Condo	\$289

When making your reservations, you will be charged a one-night deposit.

[To make reservations online, click here.](#)

Deadline for Reduced Hotel Rate: Tuesday, May 16, 2023

Cancellation Deadline & Policy: If you **cancel 3 days prior to your arrival**, your reservation is fully refundable, minus a \$25 fee.

Room rates are valid 2 days before the conference and 2 days after the conference based on availability.

Check in: 4:00pm

Check out: 11:00am

Resort Amenities and Updated Hours: The hotel may be experiencing staffing issues. We appreciate your understanding and courtesy to those working hard at the Resort to ensure our conference is a success.

- In an effort to respect your space, and to keep you and the Resort staff safe, **they will not be providing housekeeping service for the duration of your stay**. Should you need additional towels or other amenities, please call the front desk and they will be happy to deliver the items and place them outside your door.
- Health Club/Indoor Pools and Hot Tubs/ Governors Pool hours of operation starting Memorial Day Weekend Sunday-Friday 10am-9pm | Saturday 10am-10pm (hours may vary/weather dependent for outdoor pool).



Conference Registration Fees

ATTENDEES / EXHIBITORS / SPONSORS: REGISTRATION OPENS THIS WEEK!

This conference will be in-person only. There will be no virtual option for attendees.

REGISTRATION FEES (per person)				
Pre-Conference Institute #1: Stepping Up for our Children: Implementing MI Kids Now Initiatives and Children's Evidence-Based Practices in the Home and Community Monday, June 5, 2023, from 9:00am – 4:00pm The Pre-Conference Institute fee includes materials, refreshments, and lunch.		Member \$110	Non-Member \$132	
Pre-Conference Institute #2: A Data-driven Overview of Michigan's Crisis Response Continuum Monday, June 5, 2023, from 1:00pm – 4:00pm The Pre-Conference Institute fee includes materials and refreshments.		Member \$65	Non-Member \$78	
Main Conference June 6-7, 2023: Main conference registration fee provides you with a program packet, admission to all keynote sessions, all workshops, 2 breakfasts, 2 lunches, and all breaks.				
	Member Early Bird	Member After 5/26/23	Non-Member Early Bird	Non-Member After 5/26/23
Main Conference	\$425	\$465	\$507	\$556
One Day	\$330	\$370	\$394	\$442
SCHOLARSHIPS AVAILABLE				
<p><i>A limited number of scholarships are available to individuals who receive services and their families. Conference scholarships will cover conference registration fees only. Consumers who serve as CMH board members are not eligible. Deadline to request scholarship: Friday, May 26, 2023. To request a scholarship form, contact Chris Ward at cward@cmham.org or 517-237-3143.</i></p>				
EARLY BIRD DEADLINE: FRIDAY, MAY 26, 2023				
PAYMENT METHODS AND CANCELLATION POLICY				
<ul style="list-style-type: none"> • Payment will be required prior to attendance. • Payment methods available in advance and onsite: credit card, check, or exact cash. • If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHA. • Purchase Orders are not considered payment. • All No Shows will be billed the full amount. 				
To Pay By Check: Make payable to CMHA and mail to 507 S. Grand Avenue, 2 nd Flr., Lansing, MI 48933				
Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given. Please notify apiesz@cmham.org if you cannot attend the conference.				
Attendee Changes/Edits: Please notify apiesz@cmham.org if you have any changes to your conference registration.				
Evaluation: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact CMHA at 517-374-6848 or through our website at www.cmham.org for resolution.				



Pre-Conference Institutes

Pre-Conference Institute #1:

Stepping Up for our Children: Implementing MI Kids Now Initiatives and Children's Evidence-Based Practices in the Home and Community Monday, June 5, 2023, from 9:00 a.m. – 4:00 p.m.

Pre-Conference #1 Separate Registration Fee:

- Member Fee: \$110 per person. Fee includes materials, refreshments, and lunch.
- Non-Member Fee: \$132 per person. Fee includes materials, refreshments, and lunch.

Continuing Education:

- This Pre-Conference Institute qualifies for 6 CE Hours for Social Work + Related MCBAP Education Contact Hours

Description:

This pre-conference institute will provide information regarding organizational restructure, key projects/priorities and outreach efforts, cross-systems partnership, and evidence-based program implementation as it relates to children's behavioral health.

Objectives:

1. Understand state structure for provision of children's behavioral health services, including reasons and support for restructure.
2. Understand key priorities and projects to support children's behavioral health, including families.
3. Understand impact of potential policy/practice changes as it relates to children's behavioral health.
4. Understand roles and opportunities for fostering collaboration as it relates to improved provision of children's behavioral health services/supports.
5. Understand the state's role in the provision of evidence-based programs.
6. Understand specific examples of evidence-based programs in Michigan.

Agenda:

8:30am Registration and Continental Breakfast

9:00am Overview: Bureau of Children's Coordinated Health Policy & Supports (Lindsay McLaughlin)

- Lawsuit
- Environmental Scan
- Bureau Development
- Mission/Vision; Org Chart; Divisions Overview
- Key Priorities
- Opportunities for Collaboration

A Deeper Dive: Key Projects/Priorities of Mi Kids Now

- Michigan Intensive Child & Adolescent Service Array (Phil Kurdunowicz)
 - ICSS Grants
- MichiCANS: Child and Adolescent Needs and Strengths (Lisa Collins, Kim Batsche-McKenzie, Erin Mobley)
 - Purpose, development, implementation plan
- Dashboard Development (Erin Mobley)
 - Purpose, development, implementation
- Workforce Development & Training (Lisa Collins, Phil Kurdunowicz)
 - Student Loan Repayment
 - Internships
 - Capacity Building Center
- Enhancing System Partnerships (Patty Neitman, Justin Tate, Stacy Farrell)
 - OACYF Clinical Support/Consultation/Technical Assistance

- Partnership Building
 - Supporting access for child welfare, aftercare, community reintegration, supporting systemic change)
 - Education & Outreach (Ali Cosgrove, Victor Benavides)
 - Policy & Contract Modifications (Phil Kurdunowicz)

Feedback (Lindsay McLaughlin)

- What are the perceived challenges at the state level in launching these initiatives?
- What would be the challenges or barriers at the local level in implementation?
- How can we overcome these together?
- Other considerations

Noon Lunch (included)

1:00pm Evidence-Based Practices for Children, Youth and Families
(Mary Ludtke, Luann Gray, Amy Cowper, Dierdre Laney-King, Sura Shlebah, John Aarons, Kim Batsche-McKenzie)

- Parent Management Training Oregon (PMTO)
- Trauma Focused Cognitive Behavioral Therapy (TFCBT)
- Children’s Therapeutic Foster Care (CTFC); Treatment Foster Care Oregon (TFCO)
- Infant Early Childhood Mental Health Consultation (IECMH)
- Dialectical Behavior Therapy – Adolescents (DBT-A)
- Motivational Interviewing – Adolescents (MI-A)

4:00pm Pre-Conference Institute Concludes

Presenters:

- John Aarons
- Kim Batsche-McKenzie
- Victor Benavides
- Lisa Collins
- Amy Cowper
- Ali Cosgrove
- Stacy Farrell
- Luann Gray
- Deirdre King
- Phil Kurdunowicz
- Mary Ludtke
- Lindsay McLaughlin
- Erin Mobley
- Patty Neitman
- Sura Shlebah
- Demetrius Starling
- Justin Tate

Pre-Conference Institute #2: A Data-Driven Overview of Michigan's Crisis Response Continuum Monday, June 5, 2023, from 1:00pm – 4:00pm

Pre-Conference #2 Separate Registration Fee:

- Member Fee: \$65 per person. Fee includes materials and refreshments.
- Non-Member Fee: \$78 per person. Fee includes materials and refreshments.

Continuing Education:

- This Pre-Conference Institute qualifies for 3 CE Hours for Social Work + Related MCBAP Education Contact Hours

Description:

As Michigan's crisis continuum continues to evolve and new models for responding to crises emerge, there is a growing need for evidence-based research to support the development of best practices and data-driven decision making. The Center for Behavioral Health and Justice will provide an overview of the primary types of crisis response models: mobile crisis models, coordinated response models, and community response models, outlining the similarities and differences across them. The benefits and barriers to using certified peer support specialists to enhance mobile crisis teams will also be discussed. Additionally, disposition outcomes from six different crisis response programs across Michigan will be shared, specifically highlighting variations between models and comparisons to traditional law enforcement responses to behavioral health calls. Presently, there is little existing data on the costs of operating crisis systems and the potential cost savings across multiple public systems. In theory, crisis services can prevent downstream trauma and financial expenses associated with higher acuity care. The costs and potential financial savings related to the provision of crisis services will be explored, including costs encumbered by CMH, law enforcement, jails, county governments, and health systems.

Objectives:

1. Provide an overview of the existing models for crisis response programs, highlighting similarities and differences between them.
2. Share disposition outcome data from six crisis response teams across the state to highlight variations between models and best practices for crisis response programs.
3. Discuss the benefits and barriers to incorporating certified peer support specialists on crisis response teams.
4. Outline methods for calculating interdisciplinary system costs associated with arrests/jail bookings, emergency department visits, and psychiatric hospitalizations.

Presenters:

- Leonard Swanson, MSW, Program Manager, Crisis Response and Stabilization, Wayne State University, Center for Behavioral Health and Justice
- Jessica Gaskin, MA, Project Coordinator, Crisis Response and Stabilization, Wayne State University, Center for Behavioral Health and Justice
- Kaitlyn Kok, BS, Project Coordinator, Crisis Response and Stabilization, Wayne State University, Center for Behavioral Health and Justice
- Larry West, CPSS, CPRC, Project Coordinator, Crisis Response and Stabilization, Wayne State University, Center for Behavioral Health and Justice
- Catherine Zettner, MSW, Senior Data Analyst, Crisis Response and Stabilization, Wayne State University, Center for Behavioral Health and Justice



Conference Keynotes



Lindsay McLaughlin, JD/MPH, Director of the Bureau of Children's Coordinated Health Policy & Supports, Michigan Department of Health and Human Services

Lindsay McLaughlin has also previously served as the State Administrative Manager for the MI Kids Now Service Array and as a contractor supporting the MDHHS Public Health, Policy & Planning, and Executive Offices. Prior to working for the state of Michigan, Lindsay served as U.S. Senator Tina Smith's Health Care and Aging Outreach Director. Lindsay also formerly worked as an insurance regulator as the Health Policy Advisor for the Minnesota Department of Commerce and as a health law attorney in private practice. Lindsay has also held lecturer positions with the University of Michigan's School of Public Health. Lindsay received her law degree and Master of Public Health from the University of Minnesota, and her Bachelor of Arts from Albion College.

Anita Everett, MD, DFAPA, Director, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA)

In this role, Dr. Everett provides executive leadership for federal efforts to improve the nation's mental health service systems. Prior to her arrival at SAMHSA, she served as the Section Chief of The Johns Hopkins Bayview Community and General Psychiatry in Baltimore, Maryland. She was on the faculty of the Johns Hopkins School of Medicine and the Bloomberg School of Public Health. At Hopkins, she directed 22 community psychiatry programs that provide a range of services to individuals from preschool age to older adults and through a range of programs that include intensive acute services as well as recovery support services for persons with Serious Mental Illnesses. More recently at Hopkins, she has been involved with the leadership of health system behavioral health integration into accountable care structures. Dr. Everett has served on the National Institute on Drug Abuse, National Advisory Council. She is active in several professional organizations including the American Psychiatric Association where she has received a commendation for her work in healthcare reform. She is a past president of the Maryland Psychiatric Society and the American Association of Community Psychiatrists. She has been engaged in a number of international projects which have included consultation with the Ministries of Health, Department of Mental Health in Iraq and Afghanistan on the implementation of mental health services in these countries.



Todd Crandell, LPCC-S LICDC-CS, Founder, Racing for Recovery

Todd Crandell, THE ORIGINAL SOBER TRIATHLETESM, has dedicated his personal and professional life to assisting those battling addictions and destructive behaviors. He knows firsthand the importance of attaining and sustaining sobriety through a balanced holistic lifestyle. By sharing his personal experiences about the perils of substance abuse, along with innovative and unique approaches in prevention and treatment, Crandell offers a positive alternative to those struggling to overcome a life of addiction and self-destruction. His 13-year struggle with drugs and alcohol nearly destroyed his life, devastating relationships with family and friends and shattering the promise of a professional hockey career. However, through his pursuit of extreme physical fitness and personal well-being, he found a productive outlet for his once-negative energies, transforming himself into a world-class athlete and champion for sobriety.

Jonah C. Cunningham, President/CEO, National Association of County Behavioral Health and Developmental Disability Directors; Executive Director, National Association for Rural Mental Health

In this role, Jonah Cunningham proactively advocates for national policies that recognize and support the critical role counties play in caring for people affected by mental illness, addiction, and developmental disabilities. In this capacity he also serves as Executive Director of the National Association for Rural Mental Health. Prior to joining NACBHDD, Jonah worked at Trust for America's Health, a public health think tank, where he focused extensively on ways to reduce mortality from substance misuse and suicide. Additionally, he worked as a congressional staffer for several years in the office of Congresswoman Grace F. Napolitano (CA) where he helped to reestablish the Congressional Mental Health Caucus and created a Suicide Prevention Task Force within the Caucus. Jonah C. Cunningham has received numerous awards and recognition for his commitment to the field of behavioral health and those served by the nation's behavioral health system.





Educational Workshops

TUESDAY, JUNE 6, 2023

- Workforce Development
- Re-Igniting Local Partnerships for Community-based Care for Youth and Families
- What We Wish We Didn't Know about Cannabis
- Quick to Listen, Slow to Speak: Restructuring the Typical DEI Approach
- Maintaining a Therapeutic Organizational Culture
- Mental Health Matters: From the Community to the Classroom
- Children's Special Health Care Services and Community Mental Health: Working Together to Serve Children and Families with Special Health Care Needs
- Medicaid Funding to Address Health Related Social Needs (SDOH)
- Addressing Substance Use and Trauma Through Law Enforcement Embedded Social Worker Program
- Boardworks: Leadership - Participatory Governance and Ethical Implications (formerly Character)
- Positively Impacting Students Mental Health: A Collaborative Approach Between CMH and Public Schools
- Putting a "We" in "ICSS": Innovation in Rural Children's Mobile Crisis Response
- Covering the Distance: Access, Workforce, and Network Adequacy
- Is It Dementia or Normal Aging?
- Boardworks: Orientation & Role of Board Members in the Right System

WEDNESDAY, JUNE 7, 2023

- Patient Retention in Times of Fentanyl, Stimulants and Uncertainties
- Youth and Family Crisis Care
- Using the Homeless Vulnerability Level and Other Tools for Better Care Coordination
- Behavior Analytic Strategies for Reducing the Use of Restrictive Behavior Treatment Plans
- Open Forum/"Cracker Barrel" Dialogue: Exclusively for Board Members of CMHA's CMHSP, PIHP, and Provider Alliance Members

ATTENDEES / EXHIBITORS / SPONSORS:

CONFERENCE REGISTRATION OPENS THIS WEEK!

The latest updates will be posted on www.cmham.org.