

On January 11, 2023, the MDHHS Eat Safe Fish team will be issuing a press release to notify the public of new fish consumption guideline changes, including some guidelines that impact species of fish caught during winter months. This spring, we will incorporate all new fish consumption guidelines into our annual update to the Eat Safe Fish Guides.

The upcoming press release will include the following consumption guideline changes:

- Rainbow Smelt from Higgins Lake in Roscommon County have a new guideline of no more than 4 servings per month due to PFOS.
- Rainbow Smelt from Gull Lake in Kalamazoo County have a new guideline of no more than 2 servings per month due to PFOS.
- Rainbow Smelt from Lake Huron have a new guideline of no more than 6 servings per year due to PFOS.
- Rainbow Smelt from Lake Michigan have a new guideline of no more than 1 serving per month due to PFOS.
- Rainbow Smelt from Portage Lake in Houghton County have a new guideline of no more than 1 serving per month due to PFOS.
- Rainbow Smelt from Lake Superior still have an existing guideline of no more than 1 serving per month due to PFOS.
- Carp from Thompson Lake in Livingston County have a new Do Not Eat guideline due to polychlorinated biphenyls (PCBs).
- Carp from Earl Lake in Livingston County have a new Limited guideline due to PCBs.
 - The following groups should avoid eating fish with a “Limited” guideline:
 - People under age 15
 - People with health problems such as cancer or diabetes
 - People who might have children in the next several years, are pregnant, or are breastfeeding
 - All other individuals should limit their consumption of fish with a “Limited” guideline to one or two servings per year.

We respectfully request that the new consumption guidelines listed above not be shared publicly before the actual official release date.

While not all of these updates may be applicable to your specific communities, we wanted to give you an advanced notice. If you have any questions or concerns, please contact me.

Thanks,

Harry Castle

Community Engagement Coordinator

He/Him/His

Division of Environmental Health

Michigan Dept. of Health and Human Services

333 S. Grand Ave
Lansing, MI 48933
Castleh@michigan.gov
(517) 582-1901