



LIVINGSTON COUNTY
Health Department

FOR IMMEDIATE RELEASE

Livingston County Ranks Third in Michigan in 2019 County Health Rankings

HOWELL, Michigan. - (March 19, 2019)

The 2019 County Health Rankings were released today and Livingston County is ranked third overall, out of Michigan's 83 counties. This is the fourth year in a row that Livingston County has ranked in the top three in the state. The County Health Rankings rank nearly every county in the nation to show what is keeping people healthy or making them sick. It shows us where to focus to create a healthier place to live, learn, work and play.

Health is much more than just health care. There are many factors that play a role in how long and how well we live, including education, income, housing and safety. These important factors are accessible for some people and very limited for others. To reduce these differences in health, or health disparities, we need to know what gaps exist within our community. Health rankings give us a starting point for fair change; so every resident has the opportunity to reach their full health potential.

The County Health rankings highlight areas where Livingston County has done well in promoting residents' health and areas where improvements can be made. Livingston County has a high percentage of physically active adults, of residents with health insurance coverage and a higher rate of people receiving flu vaccinations compared to the state and national average. Areas that need improvement include the adult obesity rate, transportation in both length of commute and driving alone to work, and sexually transmitted infections (STIs).

The Livingston County Health Department is addressing these areas for improvement through the Livingston County Health Improvement Plan (CHIP). Dedicated CHIP teams cover 10 strategic issue areas and work to address issues including STIs, chronic disease and transportation. The CHIP can be viewed at <http://bit.ly/2HkOKse>.

For more information, please visit www.countyhealthrankings.org or call LCHD at (517) 546-9850.

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