

COVID-19 Guidelines for Staff Exposures and Symptoms

Updated March 19, 2020

	Staff Member Presentation	Should staff member work? If not, when should staff member return to work?
EXPOSURE Related Guidelines	Staff Member has POSSIBLE COVID-19 exposure. <i>Exposure is defined as proximity to an infected person for >15 minutes and within 6 ft without face mask.</i>	Staff member should be under self-quarantine for 14 days from time of possible exposure. Staff member can work from home if they are able to do so.
	Staff Member has KNOWN COVID-19 exposure. <i>Exposure is defined as proximity to an infected person for >15 minutes and within 6 ft without face mask.</i>	Staff member should be under self-quarantine for 14 days from time of known exposure. Staff member can work from home if they are able to do so.
	Staff member traveled to one or more of the following countries: • China • Iran • Malaysia • South Korea • All countries in Europe, including the UK and Ireland	Staff member should be under self-quarantine for 14 days from the date of departure from the affected country. Staff member can work from home if they are able to do so.
SYMPTOM Related Guidelines, with No Known Exposure	Staff member has either of the following symptoms: • Fever (Temp >38°C / 100.4°F) • Severe Cough	Staff member should stay at home. If there is NO known or possible exposure to COVID-19 , staff member can return to work after at least 72 hours of no fever without the use of fever-reducing medications (i.e. Tylenol®, Motrin®, etc) AND symptoms have significantly improved. Staff Member must contact their supervisor prior to return.
	Staff member has one or more of these symptoms WITHOUT FEVER: • Mild Cough • Sore throat • Nasal Congestion / Runny Nose • Body Aches	Staff member should stay home , but could come to work with following options: • Maintain a distance of at least 6 feet from others • Cover coughs and sneezes • Wash hands regularly • Attend meetings by phone or from computer • Disinfect hands before touching items others may touch <i>If these symptoms don't improve after three days, OR if fever develops, staff member should self-isolate and contact their health care provider.</i>
	Staff member has a confirmed diagnosis of COVID-19.	Staff member should stay at home , self-isolate and monitor symptoms. <i>Staff member should stay in self-isolation until their local public health department determines it is safe to end the isolation period.</i>

