

Emmet County School Health

A Community Partnership

Objectives

- ▶ *How to leverage community champions*
- ▶ *Implementing a school health needs assessment*
- ▶ *How to prioritize needs*
- ▶ *How to find resources*

Overview of Organization

Health Department of Northwest Michigan

- ▶ 4 County Health District serving Antrim, Charlevoix, Emmet, and Otego Counties
- ▶ 4 Divisions: Administrative Services, Family Health, Environmental Health, Community Health

Community Health Division

- ▶ Focus areas:
 - ▶ Health Promotion and Education
 - ▶ Substance Use Prevention
 - ▶ Child and Adolescent Health Program





Overview of Emmet County Schools



Districts

Harbor Springs, Petoskey,
Alanson, Pellston and part
of Mackinac City



Broad Enrollment
Range across districts

250-2,800 students



Multiple districts have joint
superintendent/principal role



Free and reduced lunch
rates also vary widely

17%-60%



Emmet County School Health Initiative

- ▶ Approached in June of 2017
- ▶ Convened initial meeting with:
 - ▶ 3 school superintendents
 - ▶ 4 school board members
 - ▶ Local hospital system
 - ▶ HDNW staff
- ▶ Conclusion of meeting: Is there a NEED for school health services?

Needs Assessment

- ▶ When do you do a needs assessment?
- ▶ Methods
 - ▶ Parent Survey
 - ▶ School Staff Survey
 - ▶ Secondary data
 - ▶ Interviews

Needs Assessment - Lessons Learned



Piloting surveys
(parents and staff)



Surveys: Meet parents
where they are



Interviews -
secretaries and
administration



Student focus groups

Needs Assessment Results

Top 5 Areas Staff Say Schools Need the Most Support



Mental & Behavioral Health



Connecting Parent to Resources for Essential Needs



Nutrition Education



Oral Health Screening/Prevention



Safe Dating/Healthy Relationship Education

Next Steps/Prioritizing Needs



Top 5 needs



Look at opportunities available



What is feasible



Empowering Youth Today

- ▶ Meeting the needs
- ▶ Decision to apply
- ▶ Timing
- ▶ Community partnerships

Emmet County School Health Initiative -

Building an Advisory Board

- ▶ Objective 1: Build Advisory Board capacity/structure
- ▶ Objective 2: Hold Meetings



Impact: Stronger Partnerships



- ▶ Leadership Turnover
- ▶ Unanticipated partners
- ▶ Mentoring

Impact - Process for New Grants

- ▶ Advisory Board acts as deciding body
- ▶ Support grant writing proposals
- ▶ Templates
- ▶ Where to look?



Impact: Healthier Students

Healthy students learn better, healthy students graduate

► Programs Awarded

- Empowering Youth Today \$300,000
 - 218 students in program
- School Based Behavioral Health \$200,000
 - 224 enrolled Alanson students
- Mindfulness \$11,460
 - Over 900 students in program
- USDA Farm to School \$48,750

Mindfulness - Feedback from two 1st grade students

It has tot me how to callm
down in hard Sichawashons.

mindfellniss helps me with:
1. calming down
2. not being scared
3. not being sad
4. makes me Me!





Impact - Empowering Youth Today

- ▶ Students reported they learned:

- ▶ "about the risks of alcohol, drugs and toxic relationships."

- ▶ -8th grade student

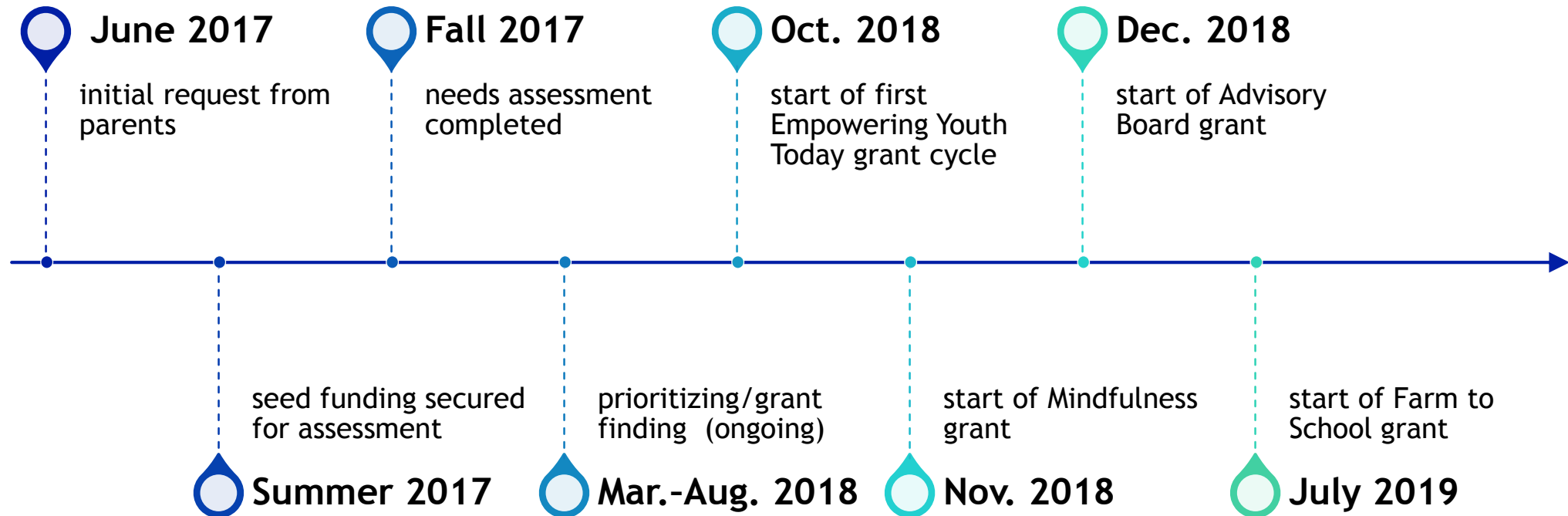
- ▶ "how to make good decisions and how to be safe."

- ▶ -6th grade student

- ▶ "how to respect and be nice to people."

- ▶ -6th grade student

Timeline



Sustainability

Continuous
discussion

Community
partners

Incorporating
health in
creative ways

Lessons Learned



Be creative with opportunities and resources



Let data drive the decisions



Look at resources/partners in the community



Focus on understanding different perspectives: staff, parents, students

Next Steps

Bringing in additional districts/partners in Emmet County

Continuously review needs

Educate new Advisory Board members

Fall 2020 - tentative repeat assessment

Initial \$1,000 Seed Grant Award

\$567,210 grant funding

New Jobs

Sustainable Changes in Schools

Increased Student Health

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